## OPERATIONAL PEER SUPPORT SYMPOSIUM

The Operational Peer Support (OPS) Symposium is for fire service, EMS, law enforcement, corrections, and 911 peer support members who are looking to expand their knowledge, collaborate, and network with other peer supporters across the state. This training is open to all public safety members. Light breakfast and lunch provided.

Join us at Department of Public Safety Standards and Training (DPSST) for a full day of enhanced, operationally relevant training and collaboration in support of your peer support teams and mission.

The symposium agenda will include:

- The physical considerations of stress response and how stellate ganglion block methods positively impact our nervous system.
- Legal considerations of peer support and the landscape of new legislation.
- Peak performance. How taking a sport psychology approach to the first responder community will improve performance.

## **Questions?**

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June 18, 2025

7:30 a.m. - 5 p.m.

<u>Oregon Department of Public Safety</u> <u>Standards and Training (DPSST)</u>

> 4190 Aumsville Highway Salem, Oregon 97317



**SCAN** the QR Code to **REGISTER**.